

Do something positive for your own health and the health of Haitians at the same time.

compete for Konbit

We know that you are already a fitness enthusiast who likes to participate in fitness events for your own enjoyment and challenge. How would you like to expand the payoff from your sweat and muscle strain beyond the “high” you feel as you cross the finish line?

You can do what you already do *and* help to create a lasting impact in northern Haiti by making the event a fundraiser for Konbit Sante!

We are a small, Maine-based organization that works in partnership with the Haitian Ministry of Health to help build the capacity of the public health system in the Cap-Haitien area. In Creole, a *konbit* is a group of people working together toward a common goal. The word *sante* means health.

Since 2000, we have been working side by side to help Haitians better care for Haitians by helping to train and support local clinicians, administrators, nurses, and community health workers; procure and maintain medical equipment and supplies; and improve the infrastructure at public institutions

in order to provide more consistent access to electricity and water.

It's simple to Compete for Konbit! You select the fitness event of your choice to participate in and register and train as usual. The only additional thing you need to do is send an email or letter to your

friends and family asking them to support you by donating money to Konbit Sante in your honor. We'll even send you a template for this letter to make it super easy for you!

Just let us know your intention to Compete for Konbit! by emailing us at info@konbitsante.org and we'll happily set you up with more information about our organization, the letter template, and any other materials or support that you may need.

We admire the physical and mental strength and courage you possess that enables you to meet these amazing fitness challenges. Thank you for considering using these gifts to help us continue our struggle to address the enormous obstacles to public health in northern Haiti. For more information about Konbit Sante and its mission, please visit www.konbitsante.org.

Konbit Sante

CAP-HAITIEN HEALTH PARTNERSHIP

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